Postbaccalaureate Premedical Program

The UCR/UCLA Thomas Haider Program in Biomedical Sciences is pleased to announce the 2009-2010 Postbaccalaureate Premedical Program. The program is designed to assist educationally and/or socio-economically disadvantaged applicants in gaining acceptance to medical school. Thanks to the funding support of The California Endowment, the primary goal of this program is to increase the number of physicians who practice in underserved areas. The program is open to first-time applicants and to re-applicants to medical school. Participation is limited to six to eight students who have completed or will complete their undergraduate degree from UC Riverside.

Postbaccalaureate Program Components

There are three components: an intensive summer study skills and MCAT preparation program, assistance in the application process, and three quarters of enrollment in upper division science courses at UC Riverside. Students accepted to our program receive extensive instruction, personalized advising and counseling and support in:

- Developing effective test-taking and study skills
- Preparing for the Medical College Admission Test (MCAT)
- Completing the American Medical College Application Service (AMCAS)
- Understanding the health system and health careers
- Preparing for interviews
- Establishing a competitive academic record

Summer Program: Study Skills and MCAT Prep Curriculum

The summer component begins in mid-June and consists of an eight-week session with a MCAT review course and interactive instruction in learning skills in preparation for the August MCAT. The first six weeks of the summer MCAT course and study skills is organized as a residential program (housing provided) with daily activities. The final two weeks are independent study for the MCAT with program advising still available. Learning skills workshops address verbal reasoning, time and stress management, note taking, studying, and test taking. On the premise that teaching makes us more active learners, participants make frequent classroom presentations. The focus of this work is to increase the student's potential for academic success in the upcoming academic year.
Advising on the AMCAS Application Process

A critical factor in the success of applicants to medical school is the manner in which their applications are judged. Thus, from the beginning of the program we work closely with students on the AMCAS and secondary applications. The summer and academic year component includes workshops on personal statements, AMCAS activity descriptions, school selection, secondary questions and interviews. In addition to workshops, individual advising is provided throughout the application process. A detailed committee letter of recommendation is provided for each student successfully completing the postbaccalaureate program. Please note that our postbaccalaureate program is completely independent from the application process for admission into the medical phase of the UCR/UCLA Thomas Haider Program. Application or acceptance to our postbaccalaureate program will not affect your current or future application to the medical phase of the UCR/UCLA Thomas Haider Program.

Academic Curriculum

During the fall, winter and spring quarters, students enroll full-time at UC Riverside in rigorous upper-division science coursework, specifically selected to magnify the strengths of each participant's profile. Attention is placed on addressing weaknesses in a student's preparatory background and in demonstrating success in a challenging academic environment. Each participant, in close consultation with program advisors, selects the course load. It is expected that students will maintain a 3.5 or better GPA in their selected courses. Additionally, throughout the academic year students continue to attend seminars on health care issues.

Eligibility

To be eligible for the program, you must have completed (or will complete before the program begins) an undergraduate degree from UC Riverside. In addition, you must also:

- Be both a legal resident of California and a U.S. citizen or permanent resident;
- Be considered an educationally and/or socio-economically disadvantaged* student, and/or show evidence of a commitment to practice in a medically underserved community;
- Have completed all or most (minus one or two courses) of the prerequisite coursework for medical school;
- Have a minimum undergraduate science GPA of 2.7;
- If you have taken the MCAT, have a minimum MCAT composite score of 18.

* Please note: our definition of socio-economically disadvantaged corresponds with that suggested by AMCAS: from an early age, you resided in a low-income community or experienced enduring family and/or societal hardship that significantly compromised your educational opportunities.

Program Cost

For the summer component, the program will provide room and board (six weeks), a MCAT prep course, and workshops at no cost. Participants are responsible for costs incurred during the academic year, including living expenses, tuition/registration fees and related educational expenses. The program staff will help students connect with the Financial Aid Office to obtain student loans. A Financial Aid and budget management workshop is offered during the summer component.